YOUR MENU THIS WEEK

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE **4th – 8th January**	Vegetable chow Mein (wheat, soya) Strawberry Jelly	Tomato & penne pasta (v) (wheat) Sponge with custard (wheat, egg, milk)	Pork Sausage or chicken sausage, mashed potatoes, peas & gravy (wheat, sulphites, mik) or Vegetable sausage, mashed potatoes, peas & gravy (v) (wheat, egg, milk, soya) Strawberry Jelly	Cheese & tomato pizza & potato wedges (v) (wheat, milk) Rice pudding (milk)	Fish fingers, chips & beans (fish, wheat) Or Vegetable sausage, chips & beans (v) (wheat, egg, milk, soya) Fruit cocktail
WEEK TWO **11th – 15th January**	Lentils bolognaise (wheat) (v) Sponge with custard (wheat, egg, milk)	Cottage pie (milk) Or Bean & vegetable cottage pie (milk) (v) Strawberry Jelly	Pork Sausage, mashed potatoes, peas & gravy (wheat, sulphites, milk) or Vegetable sausage, mashed potatoes, peas & gravy (v) (wheat, egg, milk, soya) Chocolate sponge & custard (wheat, egg mik)	Beef Lasagne (wheat, milk) or Vegetable Lasagne (wheat, milk) (v) Strawberry jelly	Fish fingers, chips & beans (fish, wheat) Vegetable sausage, chips & beans (v) (wheat, egg, milk, soya) Fruit cocktail
	Daily Alternative Jacket potatoes with tuna (fish, egg) or baked beans				

CH & CO EDUCATION